

This guide highlights the visual, auditory, and emotional impacts within the performance, with each element time-stamped and annotated with its type and a brief note on the content. (Times may vary slightly.)

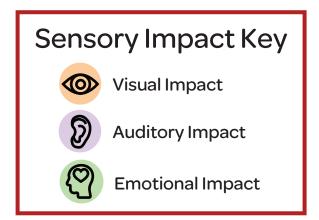
#### **Content Considerations**

**Consistent themes:** domestic violence, adult language **Strobe effect:** approximately 46 minutes into Act II

#### **Approximate Run Times**

Act I - 1 Hour 8 Minutes
Intermission - 20 Minutes

Act II - 56 Minutes
Total - 2 hours 24 minutes





This guide was created by and reviewed by the Arvada Center's Inclusion, Diversity, Equity and Access (IDEA) Committee and neurodivergent staff members.

### **MUSICAL NUMBERS**

#### ACTI

What's Inside . . . . . . . . . . . . . . . . . . Jenna, Company

Opening Up		
When He Sees Me		
A Soft Place to Land		
ACT II Entr'acte		
I Didn't Plan It		

### Actl

Time	Description	Sensory	
0:00	Blackout at start of Act I		
What's Inside Opening Up			
4:03	Neon sign flash at end of song		
	The Negative		
5:45	Door slam, bathroom scene		
8:20	Alarm sound		
8:48	"Sugar, Butter, Flour" in surround sound		
10:55	"Sugar, Butter, Flour" in surround sound		
	What Baking Can Do		
15:43	Domestic violence		
16:27	Jenna loud singing (85 dB)		
	Club Knocked Up		
21:40	Clapping sounds in surround sound		

## Actl

Time	Description	Sensory
	When He Sees Me	
33:17	"Sugar, Butter, Flour" in surround sound	
	It Only Takes a Taste	
39:43	Domestic violence	
	You Will Still Be Mine	
43:00	Electric Guitar in surround sound	
	A Soft Place to Land I Love You Like A Table	
1:00:00	Loud dialogue from Ogie	
1:01:22	"Sugar, Butter, Flour" in surround sound	
	Bad Idea	
1:05:50	Loud rock music starts	
1:06:50	Laser in surround sound	5
1:08:30	Clapping and laser in surround	

# Act II

Time	Description	Sensory
0:00	Blackout at start of Act II	
0:13	"Sugar, Butter, Flour" in surround sound	
1:07	Metal tray falls to the floor	
	I Didn't Plan It	
5:53	Becky loud singing (85 dB)	
6:06	Clapping in surround sound	
6:50	Clapping in surround sound	
	Bad Idea Reprise	
7:18	Laser from surround sound	
7:50	Clapping and laser in surround sound	
9:28	Blackout	
14:38	Loud dialogue from Ogie	
15:53	"Sugar, Butter, Flour" in surround sound	

## Act II

Time	Description	Sensory	
17:30	Heartbeat in surround sound		
Mama's Pie Song You Matter To Me			
26:37	Sound of a flute in surround sound		
	I Love You Like A Table		
28:31	Loud banging with wooden spoons, pots, and pans		
	Take It From An Old Man		
36:23	Domestic violence & mention of suicide		
36:48	Earl Breaks Guitar		
	She Used To Be Mine		
42:10	Jenna loud singing (85 dB)		
43:48	Blackout		
43:50	Heartbeat, heavy breathing, labor sounds		

### Act II

56:26

Blackout

Time	Description	Sensory	
46:51	Strobe Effect, Jenna screaming, laser sound "Sugar, Butter, Flour" in surround sound		
47:18	Blackout		
Everything Changes Opening Up			

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